

Want your child to learn how to be a great leader?
Want your child to be physically and mentally fit?
The answer is WRESTLING.

Wrestling teaches self discipline and the value of hard work.
It builds confidence, mental toughness, and teaches self reliance.
Give your child the edge to success in life.



MASSAPEQUA YOUTH WRESTLING SPRING CLINIC

Massapequa High School Wrestling Room
Tuesdays/Thursdays

Session 1: 6:00 - 7:00 pm for Grades 1 – 3

Session 2: 7:15 - 8:45 pm for Grades 4 – 8

Dates: March 10th, 2020 – May 14th, 2020

Cost (USAW Card Needed): \$125 Register online at www.massapequawrestling.org
Bring check made payable to Friends of Massapequa Wrestling on first day

Ron Serrano

Head Varsity Coach
2019 Coach of the Year
SUNY Cortland

Mike Labella

Head Coach - Berner Wrestling
NY State Champ
Edinboro University

Coaches:

Head Coach: Kevin Shippos

Head Varsity Football Coach
NY State Champ
Penn State University

Andrew Chicoine

Massapequa Wrestler
Member of 2010 and 2011
County Championship Teams

Chris Chimeri

Massapequa Wrestling
Alumni and Team Captain
Former Volunteer Varsity Assistant



MASSAPEQUA YOUTH WRESTLING PROGRAM

A DISTRICT-WIDE PROGRAM TEACHING STRENGTH,
AGILITY, HONOR, & INTEGRITY IN STUDENT-ATHLETES

www.massapequawrestling.org